

NORTHWOODS LAW GROUP, P.A.

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Together, We Are Able.

# TOP TEN THINGS TO DISCUSS WITH AN ELDER LAW ATTORNEY

## 1. ESTATE PLANNING

- What Happens to Your Estate at Death
  - Who's in Charge?
    - Personal Representative, Guardian of Minors, Trustee, etc.
  - Probate or Non-Probate?
    - Titling of Assets
    - Will? Trust? Both? Neither?
    - Beneficiary Designations
  - Tax Issues
    - Estate Taxes
    - Gift Taxes
    - Capital Gains
    - Fiduciary Taxes
    - Income Taxes on Retirement Assets
- Probate/Trust Administration
- Litigation

# 2. DISABILITY/INCAPACITY PLANNING

- Financial Matters
  - Informal Arrangements
  - Ownership Arrangements
  - Power(s) of Attorney
  - Trusts
  - Conservatorship (see #9, below)
- Health Care/Personal Matters
  - Health Care Directives
  - Guardianship (see #9, below)

### 3. LONG-TERM CARE PLANNING

- Payment Sources for Long-Term Care
  - Private Pay
  - Long-Term Care Insurance
  - Reverse Mortgage
  - Medicare
  - Veterans Benefits (*see #4, below*)
  - Medical Assistance (see #5, below)
- Housing Options
  - Services/Supports to Stay at Home
  - Long-Term Care/Nursing Home
  - Residential Care Home
  - Assisted Living
  - Independent Living
  - Continuing Care Retirement Community
  - Group/Foster Home
  - Moving In with Children (and Vice Versa)
- Pooled Trusts
- Special Needs Trusts

### 4. VETERANS BENEFITS

- Low-Income Pension
- Service-Connected Disability Compensation
- Aid and Attendance/Housebound Benefits
- Extended Care and Rehabilitation
- VA-Contract Nursing Homes
- Minnesota Veterans Homes

# 5. MEDICAL ASSISTANCE

- Assets
- Income
- Spousal Impoverishment Rules

CLIENT NAME DATE Page **3** of **4** 

- Transfers
- Hardship Waiver
- Liens and Estate-Recovery
- Appeals

## 6. PLANNING FOR A DISABLED CHILD

- Standby/Temporary Custodian
- Supplemental Needs Trusts
- Guardianship/Conservatorship (*see #9, below*)
- Housing Options (see #3, above)
- Public Benefits Eligibility
  - Social Security Disability Income
  - Supplemental Security Income
  - Medicare
  - Medical Assistance
  - Group Residential Housing
  - Home- and Community-Based Programs

### 7. MAINTAINING INDEPENDENCE/QUALITY OF LIFE

- Staying Physically Active/Socially Connected
- Home Modifications
- In-Home Supports and Services
- Avoiding Crime, Fraud, Exploitation, and Abuse
- Fall-Prevention

### 8. GRANDPARENT/RELATIVE CUSTODY

- Interested Third-Party Custody
- De-Facto Custody

# 9. GUARDIANSHIP/CONSERVATORSHIP

- Evaluation of Less Restrictive Alternatives
- Accounting/Reporting Requirements
- Safeguarding Against Fraud/Abuse

## **10. CONNECTING TO RESOURCES**

<b>RESOURCE TYPE</b>	NOTES
Geriatric Care Managers	
Community Education	
Physical Therapists	
Reverse Mortgage	
Accountants/Tax Advisors	
Support Groups	
Professional Fiduciaries	
Daily Money Managers	
In-Home Service Providers	
Moving/Packing Companies	
Long-Term Care Insurance	
In-Home Health Care Providers	
Social Workers	
Mental Health Referrals	
Veterans Service Organizations	